O RECOVERY

INTEGRATED ADDICTION TREATMENT

Detoxification services

Individualized treatment coordination

Evidence-based treatments

Collaborative, motivational approach

Intensive family and couples therapy

Doctoral level staff

4 weekly holistic services included

Off-site SMART Recovery & 12 Step meetings

Exclusive retreat style subtropical estate

Private room & bathroom, or semi-private suites

Organic cuisine

Health club membership included

ATON Center

Integrated Addiction Treatment

Evidence Based Practices

Luxurious Accommodations

Holistic Approach

Insurance Accepted

866.366.2964

www.atoncenter.com

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Individual Treatment

ATon Center is a sanctuary comprised of four individually licensed and private two acre estates, each accomodating up to six residents, where the process of overcoming addiction begins. We recognize that alcoholism and addiction impair a person's ability to function and can destroy quality of life. It is our mission to help each individual find recovery, while equipping our clients with the tools necessary to live healthy, substance-free lives.

What Makes Us Different

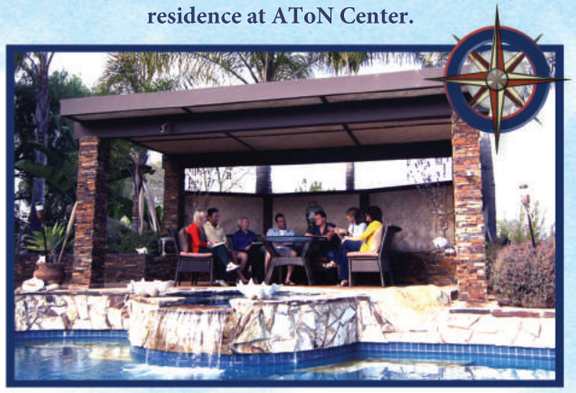
We offer a unique, integrated approach to treatment which combines Cognitive Behavioral Therapy with SMART Recovery principles as well as more traditional 12 Step modalities.

Our broad range of recovery services include:

- Sub-Acute Detoxification
- Daily Individual Therapy
- Daily Recovery Study, Psychology and Process Groups
- Integration of Cognitive Behavioral Therapy
- Off-Site Community Support Meetings, Including SMART Recovery and 12 Step
- 90-Minute Family Therapy Sessions
- Licensed Clinical Psychologists and Chemical Dependency Counselors
- Holistic Treatment Services On-Site Including Massage, Acupuncture, Watsu, Meditation, Hypnotherapy, Yoga and Personal Training
- Biofeedback
- EMDR
- Exposure Sessions
- Relapse Prevention Skill Building
- Discharge Planning and Aftercare Groups
- Organic Cuisine
- Health Club Membership
- On-Site Gym, Pool, Sauna, Tennis Court and Volleyball Court

Addiction Treatment

ATon Center believes a "one-size fits all" approach to recovery can be ineffective and that each client deserves the opportunity to experience a multitude of therapeutic approaches. Treatment plans are individualized to meet each client's unique needs. Private and semi-private suites are available and we assure individualized attention with our high staff-to-client ratio. We recognize that addiction affects the entire family system. Our intensive family and couples therapy offers a supportive and therapeutic environment for families to come together and begin the healing process as an entire system. Sessions are typically 90-minutes in length and are offered multiple times during residence at ATon Center.



Treating the Whole Person

ATon Center also specializes in the treatment of co-occurring disorders, such as anxiety, depression and trauma. We consider the treatment of underlying contributors to addiction imperative for successful long-term recovery.
During residential treatment, clients have the opportunity to address these issues, equipping them with the tools needed to engage in healthy relationships and a substance-free life.
ATon Center is committed to upholding client confidentiality, as well as providing amenities that are sensitive to the needs of business professionals, executives and/or their family members.